



Newsletter

March 2021

The Veerni Project



Newsletter for the month of March - 2021

The Corona virus pandemic continues to affect our daily lives. Unfortunately, India is now experiencing a new surge in the increase of Corona virus cases and this has also affected us in Rajasthan. The Rajasthani government has decided to impose a night curfew in eight districts of Rajasthan.

We, at the Veerni Project, have established a Standard Operating Procedure that suits the gravity of this situation. We are constantly monitoring the situation and correcting our course in various aspects so as to provide better protection for our girls.

We have already welcomed a total number of 95 girls back into both the Veerni Institute and Veerni Balika. We have not been able to bring the remaining 15 girls back from their villages to join their colleagues in the Institute. However, they are receiving encompassing educational guidance under our “School-at-Doorstep” program. This includes regular home visits by their teachers, accompanied by our staff members, to support all subjects of their curriculum. In addition this group of girls has been studying via online educational materials provided by the school.

In the month of March, the following activities were conducted at the Veerni Institute and at Veerni Balika

School classes at the Veerni Institute

All school classes are conducted on the premises of the Veerni Institute. Teachers come daily to organize and hold classes for all students from classes 6 to 12. For five hours every day our girls are actively involved in this educational programme which takes place in our specially converted “in-house classrooms”.



Additional study hours

The 8th, 10th and 12th classes were focusing on Board-Exams and worked really hard this month. We have introduced additional study hours for those students who will be sitting for the board exams. In order to better prepare for these examinations, the preliminary exams will be conducted at the Veerni institute.



Online tuition classes

Veerni has arranged **online internet tuition classes** for all the girls at the Institute. These online classes are conducted through a learning management system, in which students can view their course syllabus and academic progress. The Veerni Institute has **a well equipped smart classroom** where our girls are receiving additional help with their school work through online lectures. These lectures, led by Ms. Saroj Kanwar and Ms. Vimlesh are given to the 10, 11 and 12 senior classes.



Formation of the Veerni Girls Governing Committee

In the month of March, the Veerni staff formed a girls' Governing Committee at the Institute. The girls are all encouraged to engage in both teamwork and leadership activities. We also challenge them with more formalized leadership opportunities and promote initiative and responsibility of different forms and styles. Each and every girl is given a chance to experience being a member of the Governing Committee.



Following is a detailed list of the Governing positions of the Committee:

S. No.	Name	Position on Committee	Responsibility
01.	Tanisha	Minister of Education	Responsibility includes: Managing all educational related work with the girls.
02.	Sundar	Minister of Social Welfare and Food	Responsible for making sure that the girls attend their meals on time ; making all the girls aware of the importance of food ; and making sure that food is not wasted.
03.	Priyanka	Minister of General Maintenance and Cleanliness	Responsible for keeping the Veerni Institute clean, management of housekeeping and cleaning material.
04.	Varsha	Minister of Social Activities including TV hours	Responsible for conducting physical activities and management of TV content and hours.
05.	Lata	Minister of Environment and Water	Responsible to keep an eye on all water-related issues in the institute and to make the girls aware about water wastage.
06.	Mayawati	Minister of Health	Responsible for looking after all the girls with regard to their health issues and to report to the nurse about any illnesses.
07.	Jaswant	Minister of Order and Discipline	Responsible to maintain the level of the girls behaviour and discipline in the institute.
08.	Vashundhra	Minister of Energy and Power	Responsible to make the girls aware about electricity and to encourage them to use electrical items appropriately so as to save energy.

Parents' meetings

Each Sunday in the month of March parents were invited to visit their daughters to see their progress. Before meeting the girls a thermal screening was done at the entrance to the Veerni building. Separate tents were placed for each parent outside the building so that social distancing and other safety protocol and regulations for Covid-19 were adhered to by the staff. Tea and biscuits were also served to the parents by the Veerni project.



Details of the parents meetings given below: -

S. No.	Date of Parents Meeting	Classes
01.	March 7 th , 2021	10 th
02.	March 14 th , 2021	6 th and 12 th
03.	March 21 st , 2021	10 th and 11 th .



Motivational Lecture

An extremely interesting session for Veerni girls was conducted on March 15, 2021 by Life Coach and Motivational Speaker Amrita Dudhia. Ms. Dudhia is a coach and an expert in stress management and self-development. She inspired our students to never give up hope while striving to achieve whatever they are passionate about. She also carried out certain exercises to sharpen the brain, and suggested games like solving Suduko and speed cubing to improve concentration. She highlighted the importance of imagination as well as recognizing one's own strengths and mastering this as an art. Emphasis was also placed on ideal study methods by following a time table, tips to score good marks and preparation for the forthcoming examinations. All in all this was a very beneficial session for our students.



Celebration of Holi Festival

On March 29th all the Veerni girls celebrated the Holi Festival at the Institute. Holi is a famous Indian festival that is celebrated throughout India with extreme joy and enthusiasm. The ritual begins by lighting a bonfire one day prior to the start of Holi and this process symbolizes the triumph of the forces of Good over Evil. On the day of Holi itself people excitedly throw dyes and bright colours on their friends and families and in the evening they show love and respect for their close ones. Holi also represents the arrival of spring. As you will see from the photos all our girls had lots of fun and tremendously enjoyed the Holi Festival.



Movies

It is difficult to find the motivation to concentrate on studies in the middle of a pandemic, especially for our Veerni girls who experienced so many forms of hardship in their villages during the time of the nationwide lockdown. Every Sunday the Veerni team chooses a movie to be shown to our girls which will strengthen their confidence in themselves and further motivate them to concentrate on their studies. Naturally, by popular demand the girls also love to see some of the entertaining Bollywood movies. After the tough days spent during lockdown in their village homes, this form of entertainment is both enjoyable and important for the girls.



Health Activities

The Veerni Institute is visited once a week by Dr. A.S. Deora to provide medical services for the girls. In addition they receive daily medical care from Ms. Vimlesh (out in-house and permanent nurse). Health education lectures are given regularly by Ms. Vimlesh and the topics covered are seasonal diseases, eye care, use of sanitary napkins, and other important health related matters.

Daily routine of the Veerni Institute and Veerni Balika

Activity	Timing
Wake up alarm	05.30 am
Wash and Change	05.30 am-06.15 am
Morning Attendance	06.20 am-06.30 am
Breakfast	06.30 am-07.00 am
Independent study period	07.15 am to 9.30 am
Rest time / Quality time	09:30 am to 11:00am
Lunch	11.00 am-11.30 pm
School (Classes at the Veerni Institute)	11.45 am-03.15 pm
Rest Time / Quality time.	03.15 pm-04.30 pm
Independent study period and Online study	04.30 pm-05.45 pm
Games	06.00 pm-07.00 pm
Wash and Change	07.00 pm-07.15 pm
Evening Prayer	07.15 pm-07.30 pm
Dinner	07.30 pm-08.00 pm
Independent study and Online study	08.00 pm-10.00 pm
Lights Out	10.00 pm
Note: Every Saturday and Sunday girls enjoy dance and music in their dormitories.	

DATE :- April 7th, 2021.


(**MAHENDRA SHARMA**)
DIRECTOR
VEERNI PROJECT